

Illinois State Board of Education Waiver Requests

Public Hearing
October 23, 2025



Physical Education Waiver Request

This waiver request seeks to allow the District to permit students in kindergarten through eighth grade to engage in a course of physical education for a minimum of **2 days** per 5-day week instead of 3 days per 5-day week.

Students will still receive 120 minutes of PE each week.



Illinois Law on Physical Education

105 ILCS 5/27-6(a)

“...A school board may determine the schedule or frequency of physical education courses, provided that a pupil engages in a course of physical education for a minimum of 3 days per 5-day week.”



Physical Education Waiver

The physical education waiver impacts Section 27-6 of the School Code.

- “...A school board may determine the schedule or frequency of physical education courses, provided that a pupil engages in a course of physical education for a minimum of 2 ~~3~~-days per 5-day week.”



Physical Education Waiver Rational

- The physical education waiver would allow the district to address:
 - Facility limitations
 - Scheduling Constraints



Scheduling Constraints and Facility Limitations

- Many elementary schools are unable to provide physical education for a minimum of 3 days per 5-day week without overcrowding and safety concerns.
 - Conducting physical education in alternative locations such as classrooms or lunchrooms may pose a safety risk due to inadequate flooring, space, and equipment.
- “Scheduling issues” serve as a barrier that prevents some schools from having physical education 3 days per week.
 - The CBA requires 60 minutes of planning block for teachers, so 3 times a week would be 180 minutes. Making it difficult to schedule in many schools.
 - Current CBA class size limitation.
 - Other District do PE for 30 to 40 minutes so it makes it easier to have 3 or 4 days a week.



Other School District Requested Waiver

- Downers Grove Grade School
- Hononegah Community
- Community Unit School District
- Rantoul City School

